

Confirmation Prep Outline for 2020-2021

Welcome to Confirmation Prep for 2020-2021. We look forward to walking with your teen through this journey in preparation to receive this beautiful sacrament that will complete the sacraments of initiation in which the teens will receive the entirety of the gifts of the Holy Spirit that will stay with them throughout their lives.

SPONSORS:

With the challenges we face due to Covid, we will be asking sponsors to be more involved this year.

Who can be a sponsor?

- A sponsor cannot be a parent
- They need to be a practicing Catholic, someone that you know has a strong faith and can be a guide for the teen
- The sponsor has to be a confirmed Catholic, that is living out their, and is able to share their faith with the Confirmandi. Older siblings may not be the best choice, but sometimes it is a good fit.
- Sponsor can live out of the area. We will be using Zoom for some meetings but for those in person meetings when a sponsor should join, a parent can stand in.
- Each teen will need a sponsor by October 18th. If a teen does not have a person they can ask, we have faith filled parishioners that would be happy to walk this journey with the teen. Please let us know as soon as possible if you need assistance.

SAINTS:

On this Confirmation Prep journey, each teen has the opportunity to choose a Saint. There are hundreds to choose from with different backgrounds and faith journeys. How to choose a Saint?

- Do you have a hobby or something you are passionate about? There are Saints for all aspects of life, for example if you love helping the poor you can choose St. Teresa of Calcutta, or St. Martin of Tours or St. Gemma Galgani.
- If you have connections to another country, you can find Saints from that country.
- Why do we choose Saints? We are all called to be saints, so we look to the Saints as examples of living out our faith and they inspire us with their love for Christ. We also ask our chosen Saint to walk this journey of life with us as they pray for us!
- You will present your saint to the rest of the group so learn about them, and when it is time for us to share our Saints with the group, we will want to hear about what inspires YOU about them. This would be a great thing to talk with your sponsor about.
- Please have your Saint chosen by December 13th. We will start hearing about our chosen Saints after Christmas.

RETREATS:

Retreats are an essential part of the formation and preparation for the Sacrament of Confirmation. All teens in Confirmation Prep ***need to participate in at least one retreat***. This year the retreats will look different than in years past, but we do plan and hope to provide a nurturing and inspiring experience. Please check calendar for scheduled dates.

SESSIONS:

Confirmation Prep is an extension of the discipleship ministry of Life Teen. The teen's formation starts with their participation in Life Teen, focusing on our relationship with Jesus and each other, and then Confirmation Prep sessions touch upon some specific topics, they complement each other. It is important that teens participate to the best of their abilities. It is understood that things come up and teens have other engagements. As with anything else, it is a team effort, it is not about what your teen "gets out of it" but what your teen can bring to the group. Each teen has their own insights, experiences, and gifts to share. They are a vital part of the ministry.

Please watch these videos before our meetings so we can have a great discussion: You can read these in your book or watch the videos on YouTube under Matthew Kelly Decision Point.

- For October 18th – We will watch Decision Point 1.1 together, watch Decision point 1.2 with sponsor on your own
- For November 1st – We will watch Decision Point 2.2 together, watch Decision Point 2.3 with sponsor on your own

I will list the videos on Google classroom and send it out in emails.